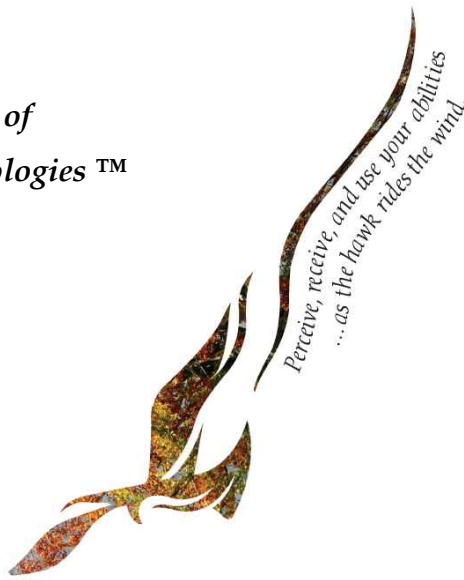


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Edited and published by Joel P. Bowman and
Debra Basham for SCS Matters, LLC
May 2010

The SCS *Beyond Mastery* Newsletter

Welcome ...

Here is your *Beyond Mastery Newsletter* for May 2010. This newsletter may be duplicated and distributed to those who share an interest in Energy Medicine, neuro-linguistics—especially Neurolinguistic Programming (NLP)—and spirituality.

This month the featured articles are “The Proof of the Pudding,” by Joel; “Adventures in Relating” by Debra; “Learning Something New,” by Joel; “Summer by the Shore” by Debra.

The Proof of the Pudding

I was well into adulthood before I fully understood the meaning of the saying, “The proof of the pudding is in the eating.” That may be because we didn’t have pudding in my house, so my experience was limited. The saying evidently goes back to the fourteenth century, when pudding was more common. Evidently the original puddings of the saying were sausages, but that’s another story. The idea here is that cooks can hype their puddings all they want, the test of quality is in the eating.

By extension, the test for anything is in its use. You’ve undoubtedly had the experience of seeing something advertised on TV or in a magazine and thinking that it looked really good. The spokesperson described it in glowing terms. You had the feeling that the gizmo would provide you with a wonderful experience. When you actually got the gizmo, however, you discovered that it wasn’t as wonderful as you imagined.

Most of us have had experiences of that variety. The first one I can remember from my youth was a plastic submarine advertised in the back of a Superman comic. The ad said that with a little baking soda for fuel, it would surface, submerge, and zoom around

the bathtub. In actuality, it turned upside down and sank. The baking soda did make bubbles. I would like to say that my experience with the submarine was sufficient for me to be more leery of various chefs’ descriptions of their puddings. Unfortunately, it took a number of additional experiences for me to learn that lesson, and, even today, I find descriptions of some puddings extremely tempting.

When I began studying NLP, I did a lot of “shopping around.” I did a lot of reading, watched a lot of videos, met with numerous Practitioners and Master Practitioners, and attended a number of weekend trainings. If you’ve been shopping around, you know that NLP is a subject replete with “hype.” It is hard to know how much of what you have read is true. Is it really possible to eliminate phobias without medication and with only a 30-minute intervention? Yes, it is, but not everyone claiming NLP expertise can do it. In my early study of NLP, I discovered a wide variation in the quality of the “puddings” various “NeLP’ers” were presenting.

Many of those I met were a lot like the plastic submarine I had so hoped would transform my bathtub experience into a magical adventure. I had lunch with one person who said that he had been through two “Master tracks” only to discover that, although he could describe anchoring, he wasn’t able to set a good kinesthetic anchor. His timing and precision were both “off.” Readers of this newsletter will recognize anchoring as one of the fundamentals of NLP. Those certified at the Practitioner level *should* have it under control. Those certified at the Master Practitioner level *should* be really good at it.

With both NLP and Energy Medicine, it is not always easy to tell who is a “Real Deal” and who is a “plastic submarine.” In spite of the expanding number of channels available for self-promotion that has

accompanied the computer age, *word of mouth* is still one of the best ways to separate the “real deals” from “plastic submariners.” Of course, as is true with puddings, not everyone has the same taste in trainers or related materials, so it is usually worth some preliminary exploration before a larger commitment.

In the past, you have undoubtedly made some decisions that turned out really well. You’ve probably made some that proved less the wonderful. As you look back on your past decisions, for both the decisions you think of as having been “good” and those that turned out to be “not so hot,” recall what you were seeing, hearing, and feeling just before you made the decision. Remember not only what you were seeing and hearing on the outside (a new car, for example), but also what was in your “mind’s eye” (how you might use the car) and what you were saying to yourself. Compare and contrast your experiences with the good and bad decisions. What can you observe now that you didn’t notice at the time?

You may notice that the good decisions have a different “look and feel” from the bad decisions. In some subtle way you had been guided about how the decision would turn out. Take all the time you need to be sure that you recognize the cues you were given. When you can tell the difference, you will have a fail-safe method of knowing in advance whether something new you are considering will prove a good decision. That way, you can enjoy the proof of the pudding before the eating.

In NLP, the differences you noticed are called differences in the *submodalities* of perception. For more about submodalities and good and bad decisions, see Debra’s article, “Summer by the Shore.” To learn more about submodalities in general, see Chapter 8 (pp. 113 ff.) in *Healing with Language: Your Key to Effective Mind-Body Communication*, by Bowman and Basham.

Adventures in Relating

I tease that it is because my overall number symbol is “2” that relating is one of my key interests. Connectedness is my number one strength in the personality profile called “Strengths Finder.” Liza Oz (wife of renowned physician Mehmet Oz) writes in her book, *YOU: The Owner’s Manual*, “understanding the nature of our interactions is important because the quality of our existence is determined by the quality of our relationships. What we believe, who we are, and who we can become are all manifested through our dealings with others. It is here that thoughts and emotions become actualized and our true self revealed.”

OK, that makes sense. The real truth is you get to know you through relating with others! I was in a deluded state for thirty years being married to my husband, John. I thought I was easy going and flexible. Well, I must confess, when I started *relating* to Joel, I also thought he was stubborn, opinionated, and inflexible. What I had not fully appreciated was how I was seeing myself in Joel. It was not a pleasant

process while we were using the metaphor of “mud wrestling,” but you can come to think of it as dancing with the shadow.

In an Internet article about creating lifelong partnerships, “Come Away To A Tropical Island With Me,” Dr. Richard Bolstad and Margot Hamblett list these benefits of long-term partnerships:

- Long term shared earning and purchasing power
- Increased extended-family support
- New perspectives and support with family development
- Deep friendship with vast shared experience
- Powerfully anchored sexual responsiveness and safety
- Sexual abundance
- Increased health and vitality through being “in love”
- Enhanced memory and decision-making strategies
- Shared sense of mission

Gary Zukav has this fabulous list of Spiritual Partnership Guidelines (Copyright © 2009 The Seat of the Soul Institute) in a printable version on his Web site at <http://www.zukav.com/guidelines.html>:

1. **Commitment—Making My Spiritual Growth (Creating Authentic Power) My Highest Priority**

- **Focus on what I can learn about myself** all the time, especially from my reactions (such as anger, fear, jealousy, resentment, and impatience), instead of judging or blaming others or myself.
- **Pay attention to my emotions** by feeling the physical sensations in my energy centers (such as my chest, solar plexus, and throat areas).
- **Pay attention to my thoughts** (such as judging, analyzing, comparing, daydreaming, planning my reply, etc., or thoughts of gratitude, appreciation, contentment, openness to Life, etc.).
- **Pay attention to my intention** (such as blaming, judging, needing to be right, seeking admiration, escaping into thoughts, intellectualizing, trying to convince, etc., or cooperating, sharing, creating harmony, and revering Life).

2. **Courage—Stretching Myself Beyond The Limited Perspectives Of The Frightened Parts Of My Personality**

- **Take responsibility** for my feelings, experiences, and actions (no blaming).
- **Practice integrity** at all times (often requires action, such as speaking when frightened parts of my personality don’t want to speak and not speaking when they feel compelled to speak).
- **Say or do what is most difficult** (sharing what I notice, if appropriate, when someone speaks or acts from a frightened part of his or her

personality; sharing about myself what I am frightened to say and know that I need to say).

3. Compassion—Seeing Myself And Others As Souls Who Sometimes Have Frightened Parts Of Their Personalities Active

- **Change my perspective** from fearful to loving (choose to see myself and others in a loving or appreciative way).
- **Release any distance** I feel from anyone.
- **Be present** while others are speaking (not preparing replies, judging, etc.).

4. Conscious Communications And Actions—Striving To Make All My Interactions Conscious And Loving

- **Consult my intuition.**
- **Choose my intention** before I speak or act.
- **Act from the healthiest part of my personality** that I can access (rather than caretaking, fixing, teaching, judging, blaming, gossiping, etc.)
- **Speak personally and specifically** rather than generally and abstractly (use “I” statements rather than “we” or “you” statements).
- **Release attachment to the outcome** (trust the Universe). If I find myself attached, begin again with Commitment, Courage, Compassion.

You can combine what they say about spiritual partnership with what you know about shadow and the drama triangle from *Healing with Language: Your Key to Effective Mind-Body Communication*. Heart Math calls it getting into coherence. However you think about it, and whether you are a formal student of SCS/NLP or you have been a fan in the stands, it is as Ms. Oz says about why she wrote the book, “Simply what the great spiritual traditions have been teaching for millennia. Boiled down, it’s essentially love God, love yourself, love everybody else. Why am I saying it again? Because I don’t think we can ever hear it enough. I think we need to hear it, read it, feel it, teach it, taste it, speak it, smell it, breathe it, until one day . . . we finally start to live it.”

Learning Something New

You have doubtless heard the saying, “You can’t teach an old dog new tricks.” While the saying is not really true, it is based on the fact that, once a routine has been established, both people and dogs tend to follow it. It is the way conditioning works. Don Miguel Ruiz (*The Four Agreements, Mastery of Love*) uses the term “domestication” for the kind of cultural conditioning that influence human behavior. Most of us, for example, eat three meals a day because we have been taught that doing so is good for us.

Following established routines provides a degree of efficiency, even if the routine itself is less than wonderfully efficient. People who know exactly what they are going to have for breakfast because they always

have the same thing can avoid spending time thinking about options. People who always take the same route to and from work can avoid the inefficiencies that would result from exploring alternative routes.

When we make good decisions about what aspects of cultural conditioning and which established patterns of behavior are worth maintaining, we really do enhance efficiency. The problem is that in too many cases, we failed to make a decision. We simply responded to “domestication” or established routines by chance. This kind of mental (and often physical) laziness was not good for us, and it gets worse as we age.

At this point, the evidence is clear. If we want to stay healthy physically, we need to stay active. If we want to avoid mental decline, we need to stay mentally active. The adage, “Use it or lose it,” is literally true. Our bodies require exercise. The most recent studies suggest that a minimum of half an hour a day of physical activity is required (and an hour a day is better). Recent studies also suggest that the best way to avoid problems of age-related dementia is to make sure that your brain gets a good workout with regularity. To paraphrase Bob Dylan, those who aren’t busy being born are busy dying.

I think that it is worth the effort to make sure you continue to be busy being born, both physically and mentally. As the title, “Learning Something New,” suggests, this article is more about the mental than it is about the physical. The two are, of course, related in that those who are active physically are more likely to be active mentally, but most of us probably know someone who is an “exercise nut” with a “perfect” body whose mental capacity resembles the proverbial molasses in January. You probably also know someone whose mind is as quick and sharp as the proverbial steel trap in spite of a number of physical limitations.

One of the things recent research has shown is that reading, doing crossword and Sudoku puzzles, working math problems, and other recreational mental activities help keep aging brains healthy. Learning something completely new is even better. You may have read about people who completed their college educations in their 80s, and you may have seen the news coverage of the person who completed high school at 90 (see <http://www.youtube.com/watch?v=CbxkkTVXg0I>). Such individuals are proving that old dogs can indeed learn new tricks.

Debra and I make an effort to practice what we preach. We both engage in daily exercise, which is typically more vigorous than the “moderate” often recommended. We are also active (some might say “aggressive”) learners and have been stretching ourselves into new territory. When it comes to technology, for example, we have been working to increase and improve our abilities with video and social media, primarily YouTube (www.youtube.com/joelpbowman), Facebook (www.facebook.com/SCS-Matters-LLC) and Twitter (<http://twitter.com/SCSMattersLLC>).

Recently, we’ve been on a “crash course” to learn what we can about video conferencing, which we

believe will play an important role in continuing education.

While we are reluctant to hold ourselves up as good examples, we are definitely making an effort to remain on an active learning curve. We both know that the physical and mental activity is good for us, and we would be glad for you to share in our enthusiasm for learning something new. You will notice, for example, that much of our website (<http://www.scs-matters.com>) is dedicated to opportunities to your learning something new (especially the course management software, Moodle, and the downloads page (www.scs-matters.com/downloads.shtml)).

What are you busy learning these days? If you're actively learning something new, we would like to hear from you. Tell us the what, when, and how. Also, if you're an active exerciser, we would like to hear about that as well. Send us an e-mail message (joel@scs-matters.com, debra@scs-matters.com), and we will figure out a way to use what you tell us to motivate others to get busy being born—and to postpone being busy dying.

Summer by the Shore

"Nothing under heaven is more pliable than water. But when amassed, there is nothing that can withstand it. That the soft overcomes the hard and the yielding conquers the unyielding is a fact known to all men, but practiced by none." This quote from the Tao Te Ching really speaks to my heart. Maybe it was just luck that I was born here on the in Southwestern lower Michigan along the shores of Lake Michigan. Saint Joseph—my home town, has been called *Michigan's most romantic city*, Silver Beach was voted *one of the top ten US family beaches in America*, and this area has been referred to as *the Riviera of the Midwest*.

It may have been my good luck that I was born and raised here, but was it choice that has me still living here 60 years later? Perhaps.... Or perhaps there is some divine flow that moves in our lives, like the director behind the scenes. The other morning I woke up with the flash of awareness about the logo line we have used since forming SCS: *as the hawk rides the wind*.

We were drawn to that phrase after Joel and I made a trip to Etheridge Iowa, to teach and do healing work at a Carmelite Monastery there. Along the highway, both going and coming, we saw dozens if not hundreds of hawks. When we got back, we read the words "perceive, receive, and use your abilities as the hawk rides the wind." Those words became part of what we teach in the Healing with Energy classes to help you recognize that the energy has intelligence and your role is pay attention so that you are guided rather than trying to force your way.

What popped into my mind upon waking that morning is how this is wisdom for all of life! How many times have I tried to force a process only to look back and see clearly a profound grace was moving me in a more desirable direction than what was in my

awareness at the time.

All behavior, including decision-making, follows the TOTE sequence (see *Healing with Language: Your Key to Mind-Body Communication*, by Joel P. Bowman and Debra Basham, pp. 51-52).

Test: How do you know when to begin the behavior?
 Operation(s): What activities (internal and/or external) are required to complete the behavior?
 Test(s): Check to see if relevant criteria for completion have been met.
 Exit: End the behavior.

1. **How do you know when you need to make a decision?** The need to make a decision will vary based on context. Once you know you need to make a decision, the first T has been made.
2. **What operations are required for you to complete the act of decision-making?** The operations will also vary based on context. Buying lunch at a restaurant usually will (and should) have fewer operations than buying a new car or a house—or deciding whom to marry.
3. **How do you know when each of your criteria have been met?** Can you *see* yourself buying, having, using, enjoying, and/or appreciating the results of your decision? Are you aware of any *sounds* (external) or *voices* (internal) that will result from the decision? What *kinesthetics* are you aware of as you think about the decision? Are you aware of any *smells* or *tastes*? Are you aware of *internal feelings* (bodily sensations), especially as you think about having made the decision?
4. **What are you aware of when all your criteria have been met?** In general, Exiting the decision-making process is a feeling. Something about the decision *feels* right. In some cases, you may feel the need to make a decision even though the decision itself doesn't feel right. That often results in a bad decision. It is also possible, however, that the decision itself will feel right at the time but turn out to have been a bad decision, usually because one or more important Operations were omitted.

Identify three decisions you have made in the past that turned out to be good decisions. A good decision is one that you have continued to be glad that you made. The decisions could be about items you have purchased that served your needs well, relationships you elected to enter that have continued to provide

you with good feelings, even if you are no longer in the relationship, or activities that you decided to engage in that have continued to give you pleasure. The decisions should be significant if not major in terms of monetary investment, investment of time, or emotional consequence.

Identify three decisions you have made that turned out to have been bad decisions. A bad decision is one you have regretted having made even if you learned something of value as a result. You may have, for example, decided to date a person who was not good for you in one way or another, but you learned a lot about yourself in the process. Or perhaps you purchased a product that looked good at the time but didn't last or otherwise live up to your expectations.

For each of the good decisions, identify the steps in the TOTE, with special emphasis on the qualities of submodalities associated with each step. The submodalities are your internal representations of the event. The event may have taken place on a bright, sunny day, for example, but your internal representation seems dark. It is the internal representation that counts.

Include any and all Visual, Auditory, and Kinesthetic submodalities associated with your decision-making process. Be methodical and write down each of the submodalities. What do you notice about the visual qualities associated with each step in the TOTE? What auditory submodalities are you aware of? If you hear an internal voice, for example, from what location does the voice originate? Whose voice is it? What is it saying? What are the associated kinesthetic submodalities?

For each of the bad decisions, identify the steps in the TOTE, with special emphasis on the qualities of submodalities associated with each step. Include any and all Visual, Auditory, and Kinesthetic submodalities associated with your decision-making process. Be methodical and write down each of the submodalities. What do you notice about the visual qualities associated with each step in the TOTE? What auditory submodalities are you aware of? If you hear an internal voice, for example, from what location does the voice originate? Whose voice is it? What is it saying? What are the associated kinesthetic submodalities?

Compare and contrast the submodalities of good and bad decision-making processes. First, pay particular attention to what the good decisions have in common, and then focus on what the bad decisions have in common. Finally, identify the differences in submodalities at each step of the TOTE for the good and bad decisions.

Note especially when one or more submodalities are absent from the bad decision sequence. What is present in the good decision sequence that is missing from the bad decision sequence? What would you have needed (or needed to be aware of) to have turned the bad decision into a good one?

Also note the earliest points in the sequences at which you become aware of differences in the submodalities

associated with good and bad decisions. In *Steering by Starlight*, Martha Beck refers to such differences as the "shackles on" or "shackles off" feeling. With "shackles on," you are aware that something isn't right, that you are being held back in some way. With "shackles off," you feel liberated (see pp. 42-43). At what point in the bad decision sequence were you aware of the "shackles on" feeling?

We are indebted to John La Valle for making us aware that you can identify the submodalities of decisions in advance and use that information to make good ones.

Language Tip

Previous language tips have focused on a variety of ways you can use language to be more effective in communicating with others. Today's tip is more about the strange implications of some of the things we have seen and heard. You already know about the "60-Minute Pain Clinic" and the "Free Spine Pain Seminar" as places you might want to avoid, and perhaps you've been tuning up your ears to pick up on stuff such as the way contestants on "Wheel of Fortune" proudly announce, "I'm married to my wife (or husband)." If a guy weren't married to his wife, to whom would he be married? These days, he might be married to his husband, but it would still be better to say, "I'm married to a great guy...."

Have you noticed, for example, that when newscasters sign off, they often say, "For now, I'm John Smith," or "For CBS, I'm Sally Smith"? Have you ever wondered who John and Sally will be later or when they are no longer at CBS? "For now, I'm John Smith, but for the party this evening, I will become Suzy Cue." Or, "For CBS, I'm Sally Smith, but my friends all know me as Nancy."

One of the major news websites introduces videos with the word "watch," which produces some interesting, if unintended meanings, such as

- **Watch:** Football Star Dies
- **Watch:** Grocery Store Clerk Gets Customer's Kidney
- **Watch:** Burger Larger than a Human Head
- **Watch:** Cheerleaders Spike Drinks with Urine
- **Watch:** Bunnies Overrun California College

The first two don't sound, at least to me (Joel), as though they would be much fun to watch. The third and fourth sound less than appetizing. The last one, however, sounds as though it might make an interesting video experience. In actuality, the viewer doesn't see what the headline suggests, and that's undoubtedly a good thing. The videos show newscasters talking about the events rather than the events themselves. In the case of the bunnies, we see a still photo of one bunny rather than hundreds running amok on campus, which (in my opinion at least) is less interesting than watching bunnies overrunning a California college.

A long time ago, in a medium on the verge of extinction (newspapers) a headline announced "Lucky Man Sees Pals Die." Another headline (not in the

same paper at the same time), announced, “Drunk gets 90 days in violin case.” The meaning of such headlines is only clear to those who know the story. The “lucky man” was lucky not because he enjoyed watching his pals die but because he managed to escape death himself. You might have imagined a tiny drunk locked in a violin case, but in actuality the drunk had stolen a violin and was sentenced to 90 days in lock-up for the theft.

Pay particular attention to the visual images—however fleeting they may be—that occur when you read or hear certain phrases and sentences. A few years ago at an important meeting of department chairs and deans at a major Midwestern university, one of the department chairs said that the university’s provost “had a bug up her ass” about a particular issue. I (Joel) made the corresponding visual image. Interestingly enough, however, none of the others at the meeting did until I said, “That’s not a pretty picture.” At that point everyone laughed. What I learned from that is that very few people are paying close attention to the language they and others are using.

In some ways that’s a good thing. If you accidentally say something a bit strange, most people won’t notice. On the other hand, the more attention you pay to the variety of possible meanings of what you and others are saying, the more control you will have over what you are saying and how you are saying it. You will also make listening and reading a lot more fun.

What’s New?

Healing with Language: Your Key to Effective Mind-Body Communication, the revised SCS/NLP comprehensive training manual is now the key to what is really new! The new course management software Moodle (for more information, see <http://www.moodle.org>) is **FREE** for a limited time with the purchase of the manual. This is a real bargain as the regular subscription will be \$25 a month. Moodle allows us to offer online instruction for those who want to know more but have had difficulty finding the time to attend workshops. It will, of course, also allow those who have studied with us to continue learning following and between workshops.

If you’re among those who purchased one of the previous editions—even back to the days of the big, thick, three-ring binder version, you’ll be glad to know that we will make the new version available at a *huge* discount—so that we can all be on the same page. The retail price of the new manual is \$24.95, plus \$1.50 Michigan sales tax.

For those replacing previous editions, the charge will be a mere \$8. Shipping within the United States is \$3. For overseas shipping, multiple-copy discounts, special shipping requirements, and to reserve your copy now, send a quick message to Debra (debra@scs-matters.com). And you can all access Moodle **FREE** for a limited time.

In our continuing effort to provide you with the best values in holistic health, we have put the manual

for our workshop, “The Power of Presence: Seeing the Divine in Everyday Life,” online as a free e-book for downloading. The address you need for downloading is the following:

<http://www.scs-matters.com/FreeEbook.shtml>.

Thanks to Brian Turk, who completed NLP Practitioner with us as one of the “Weekend Warriors” who braved weekends through one of the snowiest winters on record for Southern Michigan, we now have a special page on Facebook where you can become a “fan” of SCS Matters, LLC. The new page simplifies the process of staying current with SCS without the “clutter” that typically occurs on Facebook. To become a “fan,” go to www.facebook.com/SCS-Matters-LLC/. Thank you, Brian.

You can “follow” us on Twitter, by going to www.twitter.com/SCSMattersLLC, signing up, and asking to “follow” us. We use Facebook and Twitter to make it easy for you to stay informed about what we’ll be doing, where, and when.

We have continued putting videos on YouTube. You can find all SCS videos quickly and easily by going to www.youtube.com and entering [joelpbowman](http://www.youtube.com/joelpbowman) in the search window, or by going directly to the following URL: www.youtube.com/joelpbowman and clicking on the link for “Uploads.”

What’s Coming Up?

The second SCS/NLP intensive for 2010 is scheduled for August (Saturday the 7th through Saturday the 14th). Earn certification as a Licensed Practitioner, or, if you have already earned Practitioner certification, you can become a Licensed Master Practitioner by completing the intensive in August. We will start with an Introduction to NLP on Sunday the 1st (1 to 5 p.m.). Those close enough to commute to St. Joseph should plan to attend. Those at a distance may complete the introduction using our online educational program, Moodle. Either way, register now with Debra (debra@scs-matters.com). Space will be limited, so reserve your place now.

The SCS approach to NLP focuses on using what we call *The Big Three of NLP* (anchoring, submodalities, and advanced language patterns) to promote your own health and well-being and to facilitate that process for others. You will receive a thorough grounding in the fundamentals of NLP and other subtle communication systems.

- Anchoring
- Submodalities
- Timelines
- Metaprograms
- Metamodel
- Milton Model
- Hypnosis, Trance, and Altered States

We will continue to offer intensive-style workshops to focus on the experiential aspects of NLP because you will have the opportunity to become familiar with the

NLP terminology before your training begins through having read the appropriate materials in the NLP training manual. We will continue to offer instruction and support by e-mail as well as on Moodle and with online video. For more information about this innovative, cutting-edge learning opportunity, and to be among the first to sign up. Call/write now: (269) 921-2217 or debra@scs-matters.com.

We are still working on the master manual for healing with energy similar to *Healing with Language: Your Key to Effective Mind-Body Communication*. More and more individuals are increasingly recognizing “energy” as significant for health and well-being. Fortunately, when you learn energy healing with SCS, you also receive a comprehensive understanding of using language to support your work with the Energy. Because both are important, when you learn NLP with SCS, you are also learning tools that influence the energy. In the same way that body, mind, and spirit cannot really be separate, energy and language are both part of the Subtle Communication Systems many want to know more about. We consider that blend (energy and language) to be what helps SCS—and Joel and Debra—provide a wonderful learning environment.

As part of our *Perpetual Tuition*, if you are already trained in NLP or SCS Healing with Language, you can attend to improve and update your skills at just

\$25 a day. Space for these special days will be limited, so be sure to reserve your place early. Call/write now: (269) 921-2217 or debra@scs-matters.com.

“Developing Your Intuition with SCS,” which is designed to help you learn to distinguish among desires, fears, and intuitive insights, is still being developed. This program is for you when you’re ready to begin using your “sixth sense” to its fullest capacity. For a preview of what will be offered, request a username and password so that you can watch the course being developed at the following Web address:

<http://www.scs-matters.com/Moodle>

The real question is where you want to go next.... When you sponsor an SCS workshop, you have the advantage of bringing the workshop to you instead of going to the workshop, and your commission for sponsoring the event will undoubtedly cover the cost of your tuition—and perhaps even more.

To learn more about sponsoring “The Power of Presence: Seeing the Divine in Everyday Life (7 Keys to Joyful Living)” or any of the workshops in the SCS list of offerings, call Debra at (269) 921-2217, or send her a quick email message: debra@scs-matters.com.

Because subtle communication matters, and because everyone needs to do more with less these days, you need better tools to achieve better results. SCS can help....

See more...

Hear more...

Feel more...

Be more ... SCS

